

**“Norfolk & Virginia Beach”**  
**St Charles Parks Department**  
**May 20-28, 2022**  
**Itinerary**

**Friday, May 20, 2022**

**6:30am** Depart Blanchette Park, St Charles, MO for Frankfurt, KY with lunch stop and rest stop in route.

**8:30am** Rest stop with coffee and donuts at Goshen Rest Area in Mount Vernon, IL

**9:00am** Depart for Corydon, IN Move clocks forward one hour to Eastern Daylight Savings Time.

**12:30pm-1:30pm** Lunch stop at Culver’s Restaurant ~Lunch on Your Own~

**Culver’s Restaurant**  
**240 Federal Drive**  
**Corydon, IN 47112**  
**Phone: 812-738-6464**

**1:30pm** Depart for Versailles, KY

**3:30pm-4:30pm** KESMARC Kentucky is the finest and most complete equine therapy and rehabilitation center in the world. Their team understands equine husbandry at the highest level and they provide high-end care to each horse that stays with them. From Breeders Cup winners and Grand Prix level horses to champion Saddlebreds, Standard Breeds, and Quarter Horses among many other breeds and disciplines, they have provided care to the top equine athletes in every discipline for over 20 years. Horses sidelined by injury, surgery, or those simply in need of a break or recovery from a strenuous event can come back to top athletic form through their program of controlled exercise and therapies. They work with your veterinarian to put rehabilitation programs for each equine athlete.

What sets KESMARC apart is their dedicated study of the equine athletes and efforts to bring them back to their highest level of work through rehabilitation or conditioning sets them apart from other facilities. It has been their only purpose and passion for the last 20 years. It has been their only purpose and passion for the last 20 years and has made KESMARC the gold standard of care in hyperbarics, equine rehab and therapy. They set the best protocols in Hyperbaric Oxygen Therapy and have done 20,000 treatments. Every therapeutic modality at KESMARC is custom built and tested for safety first instead of convenience of space in a building. This is why all their water therapy is built in-ground. The staff at KESMARC has safely put more horses in water therapies than any facility in the world.

Every horse at KESMARC is under the care of a veterinarian. It’s their job to preserve the veterinarian’s work and to help be their eyes and ears while your equine athlete is healing. They welcome every veterinarian, owner, and farrier. Your team can come with your horse or we can help you put a team together. They are always delving into the



understanding of new technologies to help them not just heal the horse, but keep them from injury in the first place. They keep up to date with their understanding of new vet technologies and often work hand-in-hand with vets who are developing new treatments.

With over 25 years of experience in rehabilitation and water therapy, they fully understand the difference and application of swimming verses aquatreding as well as the benefits of the cold salt water spa. One is not better than the other, but it is important to understand each therapy as well as how and when to apply them.

**KESMARC Kentucky**  
**258 Shannon Run Road**  
**Versailles, KY 40383**  
**Phone: 859-873-9955**

**5:15pm** Depart for dinner

**5:30pm-7:00pm** Dinner at *Winchester Opera House*

**Winchester Opera House**  
**10 E. Lexington Avenue**  
**Winchester, KY 40391**  
**Phone: 859-745-6622**

### ***Menu***

#### Appetizer:

**House Salad...**spring mix salad topped with Shredded Carrots, Cherry Tomatoes, cucumbers and croutons

#### Entrée:

**Marinated Grilled Salmon...**topped with Pineapple Salsa, Garlic Mashed Potatoes and Grilled Asparagus

**Chicken Marsala...**served with Garlic Mashed Potatoes & Grilled Asparagus

**Oven Roasted Tenderloin of Beef...**with Bearnaise sauce, Garlic Mashed Potatoes and Grilled Asparagus

**Bone-in Grilled Pork Chop...**topped with Apricot Chutney, Garlic Mashed Potatoes and Grilled

Asparagus

Beverage:

**Iced Tea, Soda or Coffee**

#### Dessert:

**New York Style Cheesecake**

**7:00pm** Depart for overnight lodging.

**7:10pm** Check into overnight lodging.

**Hampton Inn-Winchester**  
**1025 Early Dr.**  
**Winchester, KY 40391**  
**Phone: 859-745-2000**





**Saturday, May 21, 2022**

**6:00am-7:00am** Breakfast at our hotel at your leisure.  
**6:00am** Bags down by the bus for loading.  
**7:00am** Depart for Charlottesville VA with rest stop and lunch stop in route  
**11:00am-12:00Noon** Lunch stop at Chick-fil-A  
 ~Lunch on Your Own~

**Chick-fil-A**  
**100 Hylton Ln**  
**Beckley, WV 25801**  
**Phone: 304-894-8455**



**12:00Noon** Depart for Charlottesville, VA  
**3:00pm-5:15pm** Get to know the author of the Declaration of Independence, champion of religious freedom, 3<sup>rd</sup> president of the United States and founder of the University of Virginia as we visit Thomas Jefferson's—*Monticello!*

**Thomas Jefferson's Monticello**  
**931 Thomas Jefferson Parkway**  
**Charlottesville, VA 22902**  
**Phone: 434-984-9880**

*Thomas Jefferson was the primary draftsman of the "Declaration of Independence" and of the "Virginia Statute for Religious Freedom" as well as the Father of the "University of Virginia". A noted statesman, Thomas Jefferson has an impressive list of serving public office as the third president of the new United States, vice president, secretary of state, diplomatic minister and congressman, for his home state of Virginia he served as governor and member of the House of Delegates and the House of Burgesses as well as filling various local offices—all tallied into almost five decades of public service. Thomas Jefferson was also a lawyer, architect, writer, farmer, gentleman scientist and the patriarch of an extended family at Monticello, both white and black.*



*Thomas Jefferson wrote his own epitaph and designed the obelisk grave marker that was to bear three of his accomplishments and “not a word more.” He could have filled several markers had he chosen to list his other public offices: third president of the new United States, vice president, secretary of state, diplomatic minister, and congressman. For his home state of Virginia, he served as governor and member of the House of Delegates and the House of Burgesses as well as filling various local offices—all tallied into almost five decades of public service.*



*Other men would serve as U.S. president and hold the public offices he had filled, but only he was the primary draftsman of the Declaration of Independence and of the Virginia Statute for Religious Freedom, nor could others claim the position as the Father of the University of Virginia. More importantly, though these three accomplishments he had made an enormous contribution to the aspirations of a new America and to the dawning hopes of repressed people around the world.*

**5:15 pm** Depart for Richmond, VA

**6:30pm-8:00pm** Dinner this evening at *Maggiano’s Little Italy*

**Maggiano’s Little Italy**

**11800 West Broad St**

**Richmond, VA 23233**

**Phone: 804-253-0910**

### ***Menu Family Style Dinner***

#### Appetizer:

**Stuffed Mushrooms**

**Classic Bruschetta**

**Served with Freshly Baked Ciabatta Rolls**

#### Entrée:

**Chicken Marsala**

**Oven-Roasted Pork Loin**

**Mom’s Meat Lasagna, Marinara**

**Spaghetti with Meatballs**

#### Beverage:

**Soft Drink, Iced Tea, Hot Tea, Coffee**

**Dessert: Apple Crostata, Spumoni**

**8:00pm** Depart for overnight lodging.

**8:15pm** Check into overnight lodging for one-night stay.

**Country Inn & Suites—Richmond West**

**8010 W Broad Street**

**Richmond, VA 23294**

**Phone: 804-755-6605**





**Sunday, May 22, 2022**

**6:00am-8:30am** Full Breakfast at our hotel at your leisure.

**8:00am** Bags down by the bus for loading.

**9:00am** Depart for Norfolk, VA

**10:45am-12:00pm** Lunch at Wendy's ~Lunch on Your Own~

**Wendy's**

**6251 College Drive**

**Suffolk, VA 23435**

**Phone: 757-483-5071**

**12:00pm-4:00pm** A Step-on-Guide will join us on the bus as we discover the sights & sounds of Norfolk & Virginia Beach. Joshua Weinstein of *Norfolk Tour Company* will join us on the bus as we learn the ins and outs of Norfolk.

We will visit the Freemason area considered Downtown Norfolk's "first suburb", parts of this neighborhood were first developed in the late 18<sup>th</sup> century. Freemason boasts cobblestone streets, ornate mansions, charming gardens, quaint shops, waterfront views and links Norfolk's genteel past with its modern urban core.

We visit The NEON (New Energy of Norfolk) Norfolk's creative arts district, an enclave of public sculpture, large wall murals, interactive art, festivals, creatives, performances and quirky buildings.

We will also see the Victorian Homes of the Ghent Neighborhood. Built at the height of influential Victorian aesthetics, the Ghent neighborhood is replete with ornate homes, elegant parks and boulevards, unique neighborhood planning, and of course tree-lined streets.

We will also learn the history of Downtown Norfolk. We begin with a historical overview that focuses on Downtown's beginnings as a humble port town, to its Union occupation during the civil war, to its growth during WW1 and WW11 that lead to its scandalous moniker of "Wickedest City in America," we'll discuss the highs and lows of the city, including its revitalization in recent decades.

**4:00pm** Check into overnight lodging for 3-night stay.

*~Dinner on Your Own~*

**Hyatt House-Virginia Beach Oceanfront**

**2705 Atlantic Avenue**

**Virginia Beach, VA 23451**

**Phone: 757-428-4200**



## **Monday, May 23, 2022**

**6:30am-9:00am** Full Buffet Breakfast at our hotel at your leisure.

**9:00am** Depart for *Military Aviation Museum*

**9:30am-12:00pm** We take a journey back in time to when aircraft were spectacular and heroes never let us down. The *Military Aviation Museum* displays and owns the largest flying collection of WWI and WWII military aircraft in the USA, sixty-three to be exact! The museum's ongoing mission is to preserve, restore, and fly these historic aircraft, give a new generation the experience to learn what their parents, grandparents and great grandparents endured on the lonely airfields and factories, and in the skies so very far from home.

**Military Aviation Museum**  
**1341 Princess Anne Road**  
**Virginia Beach, VA 23457**  
**Phone: 757-721-7767**

**9:30am-11:00am** Main Museum Guided Tour

**11:00am-11:20am** Ready your goggles, helmet and white flying scarf for a flight in the museum's 1941 Boeing Stearman PT-17 Yellow Kaydet. One of our lucky travelers, by drawing, will have the opportunity to take a 15-minute flight with a professional pilot in this open-cockpit yellow vintage aircraft.

**11:20am-12:00pm** While enjoying a catered Box-Lunch furnished by Panera Bread Co, we listen to *Rosie the Riveter* with inspiring stories of the woman's war effort and the hardships that they endured. We learn what life was like in the 1940s.

**12:00pm** Depart for Virginia Aquarium & Marine Science Center.

**12:30pm-4:15pm** Discover the amazing underwater world of the Virginia Aquarium & Marine Science Center. Travel on an aquatic journey from the shore to the depths of the Atlantic Ocean and experience coastal habitats from around the world. Explore over 800,000 gallons at one of the best aquariums and animal habitats in the country. Thousands of animals representing over 300 species, displayed in entertaining and educational exhibits, are ready to enchant and inspire you!

**Virginia Aquarium & Marine Science Center**  
**717 General Booth Boulevard**  
**Virginia Beach, VA 23451**  
**Phone: 757-385-3474**

**12:30pm-2:00pm** Self-Guided tour of the aquarium

**2:00pm-3:30pm** We board the *Atlantic Explorer* for an unforgettable 90-Minute excursion in search of Virginia's most Common and charismatic marine mammal—*The Bottlenose Dolphin!* Brown pelicans, bald eagles, and other sea birds are



frequently sighted, along with sea turtles.

**3:30pm-4:15pm** Additional time to explore the aquarium.

**4:15pm** Depart for Dinner.

**4:30pm-6:00pm** Dinner at *Waterman's Surfside Grille*

**Waterman's Surfside Grille**

**415 Atlantic Avenue**

**Virginia Beach, VA 23451**

**Phone: 757-428-3644**

### ***Menu***

#### **Entrée:**

**Honey Citrus Grilled Chicken & Shrimp...**All-natural chicken breast and a skewer of shrimp, grilled and basted in our honey citrus sauce. Served with mashed potatoes & sautéed vegetables.

**Just Seafood...**A combination of jumbo shrimp, sea scallops and lump crab meat, broiled with lemon, butter and white wine. Served with mashed potatoes & sautéed vegetables.

**New York Strip...**A 12-oz choice center-cut *Certified Angus Beef* strip steak, grilled to medium and topped with herb compound butter. Served with mashed potatoes & sautéed vegetables.

#### **Salad:**

**Caesar Salad**

#### **Beverage:**

**Iced Tea or Soda**

#### **Dessert:**

**House Made Key Lime Pie with Cinnamon Graham Crust**

**6:00pm** Return to our hotel for the evening





**Tuesday, May 24, 2022**

**6:30am-9:30am** Full Buffet Breakfast at our hotel at your leisure.

**10:00am** Depart for *Norfolk Naval Base Tour*.

**10:30am-12:00pm** A Navy personal guide will join us on the bus as we tour the largest Naval Station in the world—*Norfolk Naval Base*. On our guided tour we will see aircraft carriers, destroyers, amphibious assault ships, and learn about the history of Naval Station Norfolk. In addition, we will visit one of the busiest airfields in the country as well as some historic homes from the 1907 Jamestown Exposition.

**Naval Station Norfolk Tour & Information Center**  
**9079 Hampton Blvd.**  
**Norfolk, VA 23505**  
**Phone: 757-444-7955**

**12:00pm** Depart for *Nauticus & Battleship Wisconsin*.

**12:30pm-3:15pm** Nauticus is an exciting interactive science and technology center that explores the naval, economic, and nautical power of the sea. Home of the Battleship Wisconsin, Nauticus features Battleship Wisconsin-related exhibits, hands-on exhibits, national-caliber traveling exhibits, HD and 3D films on a giant screen, sharks, the Hampton Roads Naval Museum and more.

Battleship Wisconsin is one of the largest and last Battleship built by the US Navy. Walk her teak decks, stand beneath her towering 16” guns and experience what it was like living on board as a sailor. This will be a self-guided tour.

*~Lunch on Your Own at Big Wisky Café in Nauticus~*

**Nauticus & Battleship Wisconsin**  
**One Waterside Drive**  
**Norfolk, VA 23510**  
**Phone: 757-664-1000**

**3:30pm**, We take a short walk to Dinner





**4:00pm-5:30pm** Dinner tonight at *Stripers Waterside*

**Stripers Waterside**  
**333 Waterside Dr**  
**Norfolk, VA 23510**  
**Phone: 757-837-4100**

**6:30pm-8:30pm** We set sail with a tradition of excellence aboard the Sailing Ship *American Rover* on a 2-hour sunset cruise. Since 1986, the American Rover's red tanbark sails have been one of the signature sights of the Hampton Roads area. Our cruise will depart from Waterside Marina on the Downtown Norfolk Waterfront and sail the smooth waters of the Elizabeth River and Hampton Roads Harbor.

The American Rover is Coast Guard certified and inspected to carry 129 passengers. She is 135 feet in length and is a three-masted topsail schooner. There is ample comfortable seating with shade topside. Below decks, you will find two smartly appointed climate-controlled lounges, ship's store and bar, and clean, comfortable restrooms.

**American Rover**  
**333 Waterside Dr**  
**Norfolk, VA 23510**  
**Phone: 757-627-7245**

**8:30pm** Return to the Hyatt House, Virginia Beach



## Wednesday, May 25, 2022

**6:30am-7:30am** Full Buffet Breakfast at your leisure at our hotel.

**6:30am** Bags down by the bus for loading.

**7:30am** Depart for Luray, VA with rest stop in route.

**12:00pm-3:30pm** Deep beneath Virginia's Blue Ridge Mountains, this U.S. Natural Landmark is the largest and most popular caverns in Eastern America. From well-lighted paved walkways explore cathedral-sized rooms with ceilings 10 stories high, filled with towering stone columns and crystal-clear pools. And experience the haunting sounds of the world's only Stalacpipe Organ. ~Lunch on Your Own at the Stalactite Café~

### **Luray Caverns**

**101 Cave Hill Road**

**Luray, VA 22835**

**Phone: 540-743-6551**

*After our one-hour self-guided tour of the caverns, we also enjoy the Car and Carriage Caravan Museum featuring an 1892 Mercedes-Benz, one of the oldest cars in the country still in operating condition.*

**3:30pm** Depart for Harrisonburg, VA for dinner

**4:30pm-6:00pm** Dinner at the *Local Chop & Grill House*

### **Local Chop & Grill House**

**56 W. Gay Street**

**Harrisonburg, VA 22802**

**Phone: 540-801-0505**

**6:00pm** Depart for overnight lodging

*The Shenandoah Valley is nestled between the Blue Ridge and Allegheny Mountains, stretches 200 miles from Harper's Ferry, WV to Roanoke, VA and encompasses one National Park, two National Forests, two scenic byways and so much more.*

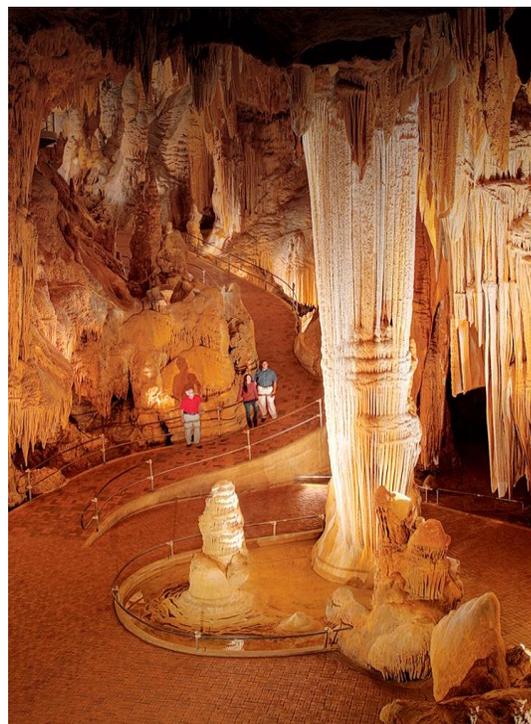
**6:15pm** Check into overnight lodging for one-night stay.

### **Courtyard by Marriott—Harrisonburg**

**1890 Evelyn Byrd Avenue**

**Harrisonburg, VA 22801**

**Phone: 540-432-3031**



## **Thursday, May 26, 2022**

**6:00am-8:00am** Full Buffet Breakfast at our hotel at your leisure.

**7:00am** Bags down by the bus for loading

**8:00am** Depart for Dayton, OH with lunch stop and rest stop in route.

**11:00am-12:00Noon** Lunch stop at Wendy's

*~Lunch on Your Own~*

**Wendy's**

**120 Harper Park Dr**

**Beckley, WV 25801**

**Phone: 304-252-3834**

**12:00pm** Depart for Dayton, OH with Rest Stop in route.

**2:30pm** Rest Stop at *Walmart Supercenter* in Jackson, OH

**Walmart Supercenter**

**100 Walmart Dr**

**Jackson, OH 45640**

**5:00pm-6:30pm** Dinner at *The Chop House*

**The Chop House**

**7727 Washington Village Dr.**

**Dayton, OH 45459**

**Phone: 937-291-1661**

### ***Menu***

Appetizer:

**Soup or Chop House Salad**

Entrée:

**Filet Mignon 6oz...**served with one side item

**Chop House Pork Chop...**served with one side item

**Grilled North Atlantic Salmon...**served with one side item

**Rosemary Grilled Chicken...**served with one side item

Beverage:

**Iced Tea, Soda, Coffee**

Dessert:

**Chocolate Mousse Cake**

**6:30pm** Depart for Greenville, OH

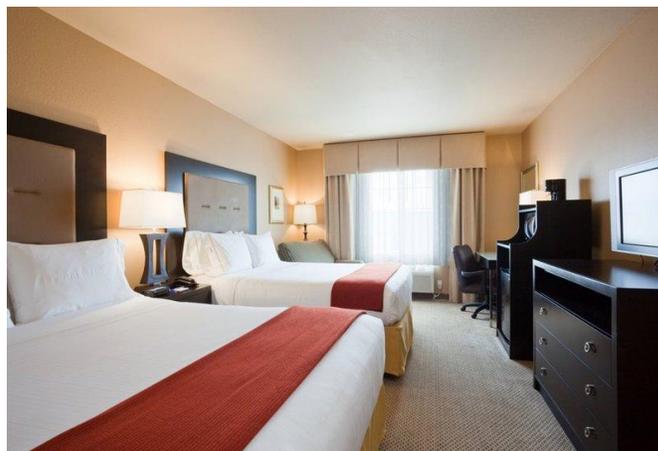
**7:30pm** Check into overnight lodging for two-night stay.

**Holiday Inn Express & Suites-Greenville**

**1195 Russ Road**

**Greenville, OH 45331**

**Phone: 937-548-1328**





**Friday, May 27, 2022**

**6:00am-8:00am** Breakfast at our hotel at your leisure.  
**8:00am** Depart for Jackson Center, OH  
**9:30am-11:30am** If you've ever wondered how Airstream Travel trailers are made, there's no better way to find out than to come see for yourself. The factory tour is an in-depth, two-hour walkthrough of their actual production plants, right there in Jackson Center, Ohio. Over the course of two hours, they will show us how they carefully craft, rivet, and build their travel trailers by hand, and then how they build the finest-quality touring coaches on Mercedes-Benz sprinter van chassis.

**Airstream Inc.**  
**419 West Pike Street**  
**Jackson Center, OH**  
**Phone: 877-596-6111**

*Wally Byam, the company founder, built the world's first Airstream travel trailer in 1929 and founded the company we now know as Airstream in 1931. Wally introduced the first riveted aluminum, semi-monologue*

*Airstream—Known as the Clipper—in 1936. He forever changed the world of travel and built a community of like-minded adventurers called Airstreamers! Today, the entire Airstream community keeps Wally's spirit alive and well.*

*When Wally Byam opened the first Airstream factory in California, there were fewer than 50 trailer manufacturers registered for business. In the next five years, demand for the trailer lifestyle exploded and the industry followed suit—by 1937, there were around 400 manufacturers competing for customers. Unfortunately for many of those daring entrepreneurs, the Great Depression and World War II took a toll, and today, only Airstream remains.*

*In 1969, the Airstream trailer had its first major redesign in over 30 years, with an internal facelift as well*



as exterior and structural changes. The end result was an Airstream with rounder edges that further enhanced the distinctive “silver bullet” shape. It even added a foot of length and four inches of width. It was a big step on the path from Wally’s first trailer to the one you see on the road today

Why Airstream over another RV? Because Airstreams are unlike any other RVs. Since the 1930s their iconic riveted aluminum travel trailers have been handed down from generation to generation, passed on to family members, friends, or new adventurers—and they look just as great in their 30<sup>th</sup> year as they did in their first. That’s the quality standard they hold themselves to. Their touring coaches include only the very best in performance, safety, and comfort. Every single Airstream travel trailer is crafted by hand in Jackson Center, OH.

**11:30am** Depart for Sidney, OH

**12:00pm-1:00pm** Lunch at Culver’s

~Lunch On Your Own~

**Culver’s**  
**2575 W. Michigan St.**  
**Sidney, OH 45365**  
**Phone: 937-493-0015**

**1:00pm** Depart for Greenville, OH

**1:45pm-4:00pm** *The Garst Museum*, a historical museum with roots in the American experience, houses over 300,000 artifacts on display in 35,000 square feet of exhibition space within six major and two minor venues. Featured are *The National Annie Oakley Center* and the foremost collection dedicated to the life of Annie Oakley. Other major exhibits include *The Treaty of Greenville*, military collection, period American furnishings, county history & agricultural artifacts.

**The Garst Museum**  
**205 Broadway Street**  
**Greenville, OH 45331**  
**Phone: 937-548-5250**

Walk with Annie Oakley as you visit the National Annie Oakley Center exhibit. You may be surprised as you discover Annie’s true personality. Unlike Hollywood’s image of a wild west, rough and tumble tomboy, Annie was a petite woman who loved lace, silver, beautiful furnishings and elegant clothing. Blessed with physical athleticism she excelled in a man’s world and never forgot her roots.

**4:00pm** Depart for Dinner in Richmond, IN

**4:45-6:30pm** Dinner at the *Olde Richmond Inn Restaurant*

**Olde Richmond Inn Restaurant**  
**138 S. 5<sup>th</sup> Street**  
**Richmond, IN 47374**





**Saturday, May 28, 2022**

**6:00am-9:00am** Breakfast at your leisure at our hotel.

**8:00am** Bags down by the bus for loading.

**9:00am** Depart for Plainfield, IN

**11:00am-12:00pm** Lunch at Culver's in Plainfield, IN

*~Lunch on Your Own~*

**Culver's**

**170 S. Perry Rd.**

**Plainfield, IN 46168**

**Phone: 317-839-2100**



**12:00pm** Depart for St Charles, MO with rest stop in route. Move clocks back one hour to Central Daylight savings time.

**1:00pm** Rest stop in Effingham, IL

**1:30pm** Depart for St Charles, MO

**3:30pm** Arrive Blanchette Park, St Charles, MO